

Non-Fiction Titles Only

02 November 2017

Punjabi

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SEQ	TITLE	AUTHOR	Genre	TYPE - AGE - LANG - YOP				£
Titles Published in 2017			(11 Titles)					Price Before Discounts
72244	Meriyan manpasand kitabon (Books i have loved)	Osho	Religion	NF	A	PAN	2017	£17.21
	Osho spoke in 16 sessions about the books he had loved. Each one of these books is life changing and full of love							
72230	Naarivadi sandharbh - Punjabi ate parvasi novel	Kaur, Jasveer	Literature	NF	A	PAN	2017	£30.98
	Study on feminism in the novels of Punjabi authors living in foreign countries							
72229	K. L. Garg de noveli sarokar ate parvachan	Brar, Surjit	Literature	NF	A	PAN	2017	£25.82
	Critical articles on the works of K.L. Garg, born 1943, a Punjabi author							
72221	Navin punjabi kahani - Uttar Sanrachnawadi kahani	Kaur, Gurdeep	Literature	NF	A	PAN	2017	£19.47
	Literary criticism							
72215	Jatt shiekh nahin hunde	Data, Piara Singh	Literature	NF	A	PAN	2017	£25.82
	Stories of wit & humour							
72213	Saavin soch	Bhawar, Harbir Singh	Self-help	NF	A	PAN	2017	£17.17
	Positive thinking strategies to help you achieve your goals							
72210	Bebe de gharelu nuskhe	Oberoi, Sohan Singh	Health and Fitness	NF	A	PAN	2017	£19.47
	Traditional home remedies for common health problems							
72209	Punjaban di rasoi	Oberoi, Jasbir Kaur	Food and Drink	NF	A	PAN	2017	£25.82
	Recipes of Punjabi cookery							
72208	Ik ankahi kahani	Dhaliwal, Jasdev Singh	Biography	NF	A	PAN	2017	£24.10
	Autobiography - Jasdev Singh Dhaliwal (a popular Punjabi author)							
71361	Tandrusti khurak ate kasrat	Kaur, Navpreet	Health and Fitness	NF	A	PAN	2017	£24.39
	On physical fitness through diet and exercise							
71346	Sikh raj kiven gaya?	Seetal, Sohan Singh	History	NF	A	PAN	2017	£19.51
	How the Sikhs lost their rule?							
Titles Published in 2016			(7 Titles)					Price Before Discounts
72212	Sadharan rogan de asan ilaj	Soni, Sohan Singh	Health and Fitness	NF	A	PAN	2016	£19.47
	Home remedies of common health problems							
72211	Gharalu homeopathic doctor tاتفat illaj	Vohra, Darshan Singh	Health and Fitness	NF	A	PAN	2016	£20.65
	Homeopathic remedies of common health problems							
71362	Ayurved de chatmatkar	Balkrishnan, Acharya	Health and Fitness	NF	A	PAN	2016	£24.47
	Benefits of Ayurvedic medicine							
71358	Jon ton Malala tak	Pannu, Harpal Singh	People and Places	NF	A	PAN	2016	£19.51
	Collective inspiring life sketches of world's great women							
71357	Jathe: Jeevan Singh Umran Nagal - jeevan te yaadan	Ghugianvi, Ninder	Biography	NF	A	PAN	2016	£19.51
	Biography - Jiwan Singh Umranangal (was an Indian politician belonging to the Akali Dal. He served as the revenue minister of Punjab. Jiwan Singh was born in 1914, in the Dhaliwal Bet village of the Kapurthala district)							

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71353	Gujrat filaan (Gujarat files - anatomy of a cover up) Transcripts of interviews with bureacrats and top cops on Gujarat Riots, India, 2002	Ayub, Rana	Politics and Govern	NF	A	PAN	2016	£17.63
71342	Chupp di cheekh Essays on the plight of women	Kaur, Harshinder	Society	NF	A	PAN	2016	£22.51
Titles Published in 2015			(31 Titles)				Price Before Discounts	
71360	Jeewan manpasand khane Preparation of more than 350 vegetarian meals	Singh, Mehtab	Food and Drink	NF	A	PAN	2015	£23.51
71359	Jeewan Sanjhi raso Vegetarian and non-vegetarian dishes collection	Singh, Mehtab	Food and Drink	NF	A	PAN	2015	£22.27
68919	Manukh te azadi (Freedom and the man) Articles on personal liberty and conduct of life	Shukla, Ram Nath	Self-help	NF	A	PAN	2015	£15.17
68918	Rishtey naate (Relationships) Articles on human relations	Shukla, Ram Nath	Family and Relation	NF	A	PAN	2015	£16.17
68917	Ucheri soch changeri duniya Motivational essays on conduct of life	Singh, Anoop	Self-help	NF	A	PAN	2015	£15.47
68916	Karvaan chalda rahey Autobiographical reminiscences of a pathologist doctor from Punjab and travel account chiefly covering India	Bal, Manjit Singh	Travel and Tourism	NF	A	PAN	2015	£17.78
68915	Health guide Health a-z - conditions and treatments	Singh, Gurpreet	Health and Fitness	NF	A	PAN	2015	£17.47
68914	Puttar kala On how to conceive a male child	Singh, Harbhajan	Child Care	NF	A	PAN	2015	£16.47
68913	Maa banna (Pregnancy) Complete guide book on how to keep fit during pregnancy and care of a new born baby	Pandit, Nutan	Food and Drink	NF	A	PAN	2015	£19.78
68911	Nage perian da safar Autobiography - Dalip Kaur Tiwana (a foremost novelist and short-story writer of contemporary Punjabi literature. She has won awards, both regional and national, and is a widely translated author)	Tiwana, Dalip Kaur	Biography	NF	A	PAN	2015	£17.47
68910	Jeewan Itihas - Hari Singh Nalwa Biography - Hari Singh Nalwa (was Commander-in-chief of the Khalsa, the army of the Sikh Empire. He is known for his role in the conquests of Kasur, Sialkot, Attock, Multan, Kashmir, Peshawar and Jamrud. He is also a founder of Haripur city)	Hoti, Prem Singh	Biography	NF	A	PAN	2015	£15.56
68909	Tureya naal kitaba Memoirs - Malika Mand (Punjabi author)	Mand, Malika	Biography	NF	A	PAN	2015	£25.11
68908	Saat sawaal Transcript interviews of various 20th century Punjabi authors	Roshan, Gurdial	People and Places	NF	A	PAN	2015	£13.97
68907	Shromoni Bhagat Brief biographies of various Hindu saints	Tuli, Prithapal	People and Places	NF	J	PAN	2015	£13.33
68906	Prasiddh Sikh bibiyan (Sikh women) On various eminent Sikh women	Tuli, Prithapal	People and Places	NF	J	PAN	2015	£13.33
68900	Prem janmeja de chonve vyang Satirical essays on various topics	Garg, K. L.	Humour	NF	A	PAN	2015	£17.78
68890	Maut meri dheleez te (Death at my doorstep) A compilation of obituaries written over the years on people Khushwant knew or met, along with his thoughts on death	Singh, Khushwant	Literature	NF	A	PAN	2015	£16.00
68886	Mera Bgaawat nama Articles on post 1947 Punjab politics	Bains, Jaspal Singh	Politics and Govern	NF	A	PAN	2015	£27.11
68875	Sikh di Sidhantik Gherabandi (Ideological encirclement of Sikhs) Ideological encirclement of the Sikhs after the massacre of 1984	Singh, Ajmer	History	NF	A	PAN	2015	£29.97
68872	Kale coat da dard Humorous and satirical articles	Ghugianvi, Ninder	Humour	NF	A	PAN	2015	£17.78

SEQ	TITLE	AUTHOR	Genre	TYPE - AGE - LANG - YOP				£
67411	Parvasi peerhan Collection of editorials published in Punjab mail, Punjabi weekly newspaper published US; chiefly on the socio-economic issues of Punjabis settled in US	Randhawa, Gurjatinder Singh	Society	NF	A	PAN	2015	£28.47
67408	Gitte lagge bhaven godde Humour and satire	Shukla, Faqir Chand	Humour	NF	A	PAN	2015	£19.44
67402	Bebey di raso Punjabi cuisine	Oberoi, Pushpal Kaur	Food and Drink	NF	A	PAN	2015	£17.56
67401	Rangli vaat te turdeya Prose articles on stress-free and tranquil life	Kaur, Paramveer	Self-help	NF	A	PAN	2015	£14.17
67399	Yaadan de parchaven Articles on various topics	Kaur, Kirpal	Literature	NF	A	PAN	2015	£13.47
67398	Jadon ik drakht ne Delhi hilayee (When a tree shook Delhi - the 1984 carnage and its aftermath) Report of the riots and an account by Phoolka of his struggle for justice	Mitta, Manoj	History	NF	A	PAN	2015	£16.97
67371	Virse da parvah Essays collection on the heritage of India	Singh, Guranam	Society	NF	A	PAN	2015	£14.47
67368	Gyan da sarovar Sikhism symbols and meanings - The five Ks	Rupalon, Gurpreet Singh	Religion	NF	A	PAN	2015	£15.47
67366	Kaley din - 1984 ton baad Sikh On the anti-Sikh riots in Delhi, 1984	Bhanwer, Harbir Singh	History	NF	A	PAN	2015	£17.50
67365	Mainu maintho bachawo Satirical and sarcastic essays collection	Singh, Gurnam	Literature	NF	A	PAN	2015	£15.56
53836	Batan mudh kadeem dian Collection of Punjabi myths, legends and folk tales	Bedi, Sohinder Singh Wanjara	Customs and Folklo	NF	A	PAN	2015	£22.22
Titles Published in 2014				(81 Titles)				Price Before Discounts
69137	Patjhar di panjeb Surjit Patar's ghazals collection	Patar, Surjit	Literature	NF	A	PAN	2014	£15.97
69136	Sadi dian tarkalan Surjit Patar's poems collection	Patar, Surjit	Literature	NF	A	PAN	2014	£19.22
69135	Lafzan di dargah Surjit Patar's poems collection	Patar, Surjit	Literature	NF	A	PAN	2014	£13.97
68912	Hazrat Muhammad Sahib (SAW) Biography - Prophet Muhammad (SAW) (The greatest messenger and prophet sent by God to guide humanity to the right way Muslims believe that Muhammad is the final prophet sent by God)	Singh, Sewa	Biography	NF	A	PAN	2014	£16.97
68899	Kautak Sheikh Chill Jokes of Sheikh Chill	Dheeman, Jagtar Singh	Humour	NF	A	PAN	2014	£15.17
68889	Change mare betuke (The good, the bad and the ridiculous) Collection of short biographies of prominent Indians of the 20th century	Singh, Khushwant	People and Places	NF	A	PAN	2014	£15.47
68888	Raab de Loh hai (Agnostic Khushwant - there is no god!) Articles on faith and religion	Singh, Khushwant	Religion	NF	A	PAN	2014	£22.22
67419	K.P.S. Gill dharaledar Police adhikari Biography - K. P. S. Gill (former Indian Police Service officer)	Chandan, Rahul	Biography	NF	A	PAN	2014	£23.33
67418	Utho mahaan bano A book about the power of amiability and the value of friends as an important component of living the good life, as well as other gems of wisdom that will enable one to be more optimistic and positive	Marden, Orison Swett	Business and Mana	NF	A	PAN	2014	£23.00
67405	Takat de prasidh yog Increasing strength, stamina and vitality with herbal medicine	Singh, Harjindermeet	Health and Fitness	NF	A	PAN	2014	£16.17
67403	Narooe chamri Beauty aid - Skin health	Singh, Gurinderjeet	Beauty and Fashion	NF	A	PAN	2014	£19.97
67397	Baba Bulleh Shah - jeevan, chintan, kalam On the life and poetry of Bullhe Shah, 1680-1758, a Punjabi sufi poet	Singh, Brahm Jagdish	Literature	NF	A	PAN	2014	£14.97

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67396	Mere samyian di Punjabi gayaki On the life of contemporary Punjabi singers with interviews	Kussa, Shivcharan Jaggi	Music	NF	A	PAN	2014	£19.44
67395	Kujh hadd beeti kujh jag beeti Memoirs - K. Jagjit Singh (Author's personal experiences about partition of India)	Singh, K. Jagjit	Biography	NF	A	PAN	2014	£15.47
67387	Jogi bharthari hari de tinn shatak Sanskrit poetry	Jagraon, Jaspreet Singh	Literature	NF	A	PAN	2014	£15.47
67369	Punjabi virsa Practical study of the cultural heritage of Punjab	Gill, Amarjeet	Customs and Folklo	NF	A	PAN	2014	£14.47
66047	Ankhi guldasta Ajaib Singh Ankhi's poems collection	Ankhi, Ajaib Singh	Literature	NF	A	PAN	2014	£14.47
66046	Falan rahin asan ilaj A healthy- eating guide and the benefits of including fruits in your diet	Oberoi, Sohan Singh	Health and Fitness	NF	A	PAN	2014	£16.47
66045	Sikhi di atma A comprehensive book on the A to Z of Sikhism	Singh, Puran	Religion	NF	A	PAN	2014	£29.47
66039	Southall da suraj Articles on various topics	Dhir, Ranjit	Literature	NF	A	PAN	2014	£23.33
66035	Narendra Modi - a political biography Biography - Narendra Modi (the 15th and current Prime Minister of India, in office since May 2014. Modi, a leader of the Bharatiya Janata Party, previously served as the Chief Minister of Gujarat state from 2001 to 2014)	Marino, Andy	Biography	NF	A	PAN	2014	£27.47
66033	Patiala virasat de rang Articles on the life and works of various famous personalities from Patiala, India	Singh, Ujagar	Biography	NF	A	PAN	2014	£15.56
66032	Bharat da pehla sardar Hind Kesri - Pehalwan Sukhwant Singh Biography - Sukhwant Singh Sidhu (wrestler and former Indian police officer)	Sidhu, Surinderjeet Kaur	Biography	NF	A	PAN	2014	£27.22
66030	Ki bannu India da? Collection of satirical articles	Rahi, M. K.	Humour	NF	A	PAN	2014	£14.47
66022	Gharelu nuskhe Health guide on curing common ailments using home remedies	Jagraon, Jaspreet Singh	Health and Fitness	NF	A	PAN	2014	£14.47
66021	Homeopaitic chamatkar On the treatment of various diseases through homeopathy; with reference to biochemic medicines and mother tinctures	Batra, Gurcharan Singh	Health and Fitness	NF	A	PAN	2014	£27.47
66020	Kabbadi di balle balle A fitness guide on the various health benefits of playing kabaddi, a traditional sport of Punjab	Chahal, Sukhdarshan Singh	Health and Fitness	NF	A	PAN	2014	£19.44
66019	Chinta chado sukh naal jeo (How to stop worrying and start living) How to obtain the true happiness in life	Carnegie, Dale	Self-help	NF	A	PAN	2014	£15.83
66018	Lok vihar (How to win friends and influence people) Guide to interpersonal relationships provides suggestions for successfully dealing with people both in social and business situations	Carnegie, Dale	Self-help	NF	A	PAN	2014	£14.97
66017	Punjab tera ki banu Articles on the socio-political issues of Punjab, India	Kanwal, Jaswant Singh	Politics and Govern	NF	A	PAN	2014	£14.47
66015	Mere wadde wadere Memoirs of Dr. Gurmukh Singh's family members and close associates	Singh, Gurmukh	Biography	NF	A	PAN	2014	£13.47
66008	Pind di sath chon Views on villages and village life in Punjab; from author's experience	Singh, Sarwan	Society	NF	A	PAN	2014	£14.47
66007	Punjab de ughe khidari Health and fitness philosophies of famous athletes from Punjab	Singh, Sarwan	Sport	NF	A	PAN	2014	£14.47
63473	Bakvas kitab Humour and satirical articles	Sarbjeet, Swami	Humour	NF	A	PAN	2014	£14.67
63471	Acho ehsaas Ramandeep's poems collection	Ramandeep	Literature	NF	A	PAN	2014	£14.33
63465	Wah Canada wah Humour and satire	Dhillon, Subedar Ajaib Singh	Humour	NF	A	PAN	2014	£14.67

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63463	Bhivkhat Puran Humour and satire	Dhillon, Subedar Ajaib Singh	Humour	NF	A	PAN	2014	£14.67
63457	Virsey de lo Jasveer Sharma's poems collection	Sharma, Jasveer	Literature	NF	A	PAN	2014	£15.83
63451	Jap ji Sahib - teekaa atey vyaakhyaa A spiritual self-help guide for better living	Sehgal, Ramesh	Religion	NF	A	PAN	2014	£16.00
63449	Arsheen Surjit Singh Bhatia abhinandan-granth Biography - Surjit Singh Bhatia (literary Punjabi author and famous contemporary educationist)	Bajaj, Prem Singh	Biography	NF	A	PAN	2014	£30.56
63445	Kam krodh moh te ahankar Articles on human emotions	Shukla, Ram Nath	Psychology	NF	A	PAN	2014	£14.67
63443	Fear - horror Articles on psychological aspects of fears	Shukla, Ram Nath	Psychology	NF	A	PAN	2014	£14.67
63441	Zindagi da manorth Impact of technology and devices on the physical, mental and emotional growth of children	Shukla, Ram Nath	Child Care	NF	A	PAN	2014	£14.67
63439	Ghadri Babe kaun san? History of Ghadar Mutiny - Ghadri revolutionaries	Singh, Ajmer	History	NF	A	PAN	2014	£19.44
63437	Guru - sar Essays collection - Sikh theology, beliefs and practices	Padam, Pyara Singh	Religion	NF	A	PAN	2014	£19.44
63435	Kothi jhar Essays collection - literature and culture of Punjab	Padam, Pyara Singh	Literature	NF	A	PAN	2014	£21.67
63431	Gautam ton Taski tak Top 10 greatest Philosophers in history	Pannu, Harpal Singh	People and Places	NF	A	PAN	2014	£16.00
63429	Rah pardesa de Author's travelogue - covering various foreign countries	Matharu, Kehar Singh	Travel and Tourism	NF	A	PAN	2014	£21.67
63427	Gurdial Roshan de kav rachna Biography - Gurdial Roshan (famous Punjabi poet)	Rai, Satinderjeet	Biography	NF	A	PAN	2014	£13.33
63425	Batan des Punjab diyan Punjabi folk tales collection	Madpuri, Sukhdev	Customs and Folklo	NF	A	PAN	2014	£15.83
63421	Ganga sagar Sikhism doctrines - significance of amrit in Sikhism	Matharu, Kehar Singh	Religion	NF	A	PAN	2014	£14.17
63417	Dharti de phulkari Punjabi songs and poems	Roshan, Gurdial	Literature	NF	A	PAN	2014	£13.33
63413	Peedh seahi Love poems	Ghuman, Swaraj	Literature	NF	A	PAN	2014	£13.33
63411	Atamak sikhar wal Commentary on Adi Granth, Sikh canon	Mighlani, Sohan Singh	Religion	NF	A	PAN	2014	£14.67
63409	Sheeshan bolda hain Humour and satire	Roshan, Gurdial	Humour	NF	A	PAN	2014	£14.67
63403	Kagaz kalam te chitar Brief life sketches of 20th century Punjabi literary figures	Kaur, Bachint	People and Places	NF	A	PAN	2014	£24.44
63377	Ruttan da matam Punjabi ghazals collection	Roshan, Gurdial	Literature	NF	A	PAN	2014	£13.33
63373	Modern cookery book Authentic Punjabi non veg food recipes	Kanwar, Rekha	Food and Drink	NF	A	PAN	2014	£19.06
61979	Din var mahine The origin of the names of the months and of the days of the week explained	Gulati, Pawan	General Non-Fiction	NF	J	PAN	2014	£11.47
61975	Mera dharti mera desh Indian patriotic songs for kids	Dilgir, Hardev	Music	NF	J	PAN	2014	£11.47
61973	Mava dhandian chavan Children's songs collection	Dilgir, Hardev	Music	NF	J	PAN	2014	£11.47
61959	Bharat de vigyani Volume 2 Great Indian Scientists	Mayer, Harkrishan	People and Places	NF	J	PAN	2014	£11.47
61957	Bharat de vigyani Volume 1 Great Indian Scientists	Mayer, Harkrishan	People and Places	NF	J	PAN	2014	£11.47

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61095	Punjab Kesri - Lala Lajpat Rai Biography - Lala Lajpat Rai (was an Indian Punjabi author and politician who is chiefly remembered as a leader in the Indian fight for independence from the British Raj. He was popularly known as Punjab Kesari)	Sharma, Satish	Biography	NF	A	PAN	2014	£23.33
60845	Bachke sadak ton Children's poems and songs collection	Neelo, Kamaljeet	Poetry	NF	J	PAN	2014	£11.47
60841	Dharam te science Philosophical articles on religious and social ethics	Singh, Nirmal	Education	NF	J	PAN	2014	£11.47
60839	Mainyon mainyon Children's songs and poems collection	Neelo, Kamaljeet	Music	NF	J	PAN	2014	£11.47
60837	Vaisakhi On Baisakhi festival and philosophy of Khalsa	Singh, Joginder	Religion	NF	J	PAN	2014	£11.47
60835	Mukadhma Children's play based on moral theme	Dhaliwal, Kewal	Drama / Play / Thea	NF	J	PAN	2014	£11.47
60833	Aale bholean dian khedan Part 1 Games for children	Madpuri, Sukhdev	Hobbies and Game	NF	J	PAN	2014	£11.47
60831	Kuriya dian khedan Punjab rural games for girls	Madpuri, Sukhdev	Hobbies and Game	NF	J	PAN	2014	£11.47
60829	Mahatma Budh ate Budhmat On Buddhism and Gautama Buddha	Singh, Daljit	Religion	NF	J	PAN	2014	£11.47
60827	Akash mandal Astronomy for kids - the origin of universe	Hans, Ajaib Singh	Science	NF	J	PAN	2014	£11.47
60823	Vishal sansar Articles on human life, religion and science based on the philosophy of Swami Vivekananda, 1863-1902, Indian philosopher and religious leader	Singh, Daljit	Literature	NF	J	PAN	2014	£11.47
60821	Jeo te jeen deo Articles on conduct of life	Singh, Nirmal	Self-help	NF	J	PAN	2014	£11.47
60819	Albert Einstein Biography - Albert Einstein (was a German-born theoretical physicist. He developed the general theory of relativity, one of the two pillars of modern physic)	Singh, Daljit	Biography	NF	J	PAN	2014	£11.47
60521	Me nastak kyun ha Philosophy of an Indian revolutionary on Atheism	Singh, Bhagat	Philosophy	NF	J	PAN	2014	£11.47
60519	Lak tanu tanu Poems for kids	Madpuri, Sukhdev	Poetry	NF	J	PAN	2014	£11.47
60515	Shaheed Udham Singh Biography - Udham Singh (was an Indian revolutionary, best known for assassinating Michael O'Dwyer in March 1940 in what has been described as an avenging of the Jallianwalla Bagh Massacre)	Bilga, Bhagat Singh	Biography	NF	J	PAN	2014	£11.47
60513	Bulbule Children poems and songs collection	Neelo, Kamaljeet	Poetry	NF	J	PAN	2014	£11.47
60399	Hasa hanju te deewana (Tears and laughter / The Madman) This classic work showcases the early brilliance and philosophical foundation of Kahlil Gibran, one of the most influential writers of the twentieth century Kahlil Gibran	Gibran, Khalil	Literature	NF	A	PAN	2014	£16.00

Total titles 130

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